

Chicago Cops May Face Fitness Tests (FOX News Chicago)

Contributed by Webmaster
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More info...

City Hall is negotiating with Chicago's police union to require officers to take physical fitness tests throughout their careers. But under the city's proposal, officers would not have to pass a fitness test for promotion, police spokeswoman Monique Bond said.

Brisbane sweating on Hunt fitness (The West Australian)

Brisbane are sweating on the fitness of representative fullback Karmichael Hunt, who is in doubt for Friday night's Queensland derby with the Cowboys.

Healthy Exercise With Tai Chi

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