

## Brisbane sweating on Hunt fitness (The West Australian)

Contributed by Webmaster  
Thursday, 27 March 2008  
Last Updated Thursday, 27 March 2008

### More info...

Brisbane are sweating on the fitness of representative fullback Karmichael Hunt, who is in doubt for Friday night's Queensland derby with the Cowboys.

### Healthy Exercise With Tai Chi

Fitness is just a train ride away (Bangkok Post)

With the increased convenience of travelling by the MRT and BTS there are many parks and locations to exercise without getting stuck in traffic. Using nature to help you achieve new levels of fitness that is not only healthy, but also allows you to burn more calories.

{mos\_sb\_discuss:2}